

Mono Alfrocheiro



For nearly two decades, Luís Seabra has been at the center of a cultural shift in Portuguese winemaking, leading a movement of young, independent winemakers making history by reclaiming historical vineyards, grape varieties, and techniques. Seabra is dedicated to proving that fresh, elegant, terroir-driven still wines can be made in the Douro Valley. His fundamental understanding of soil coupled with his philosophy of minimal intervention in the vineyard and winery have launched him into the international eye as a leader of the New Portugal; according to Eric Asimov, he “is now making some of Portugal’s most compelling wines, both white and red.”

Luís Seabra works with old vineyards because he believes that old vines are more resilient and well-equipped to handle the region’s intense weather; this makes them the best candidates to faithfully communicate special terroirs. When he started his solo project in 2013, he created the “Cru” series of wines, which revolve not around grape varieties, but vineyard sites. In Seabra’s own words: “we did this to show how we can put the place in the bottle.”

WHAT MAKES THIS WINE UNIQUE?: It is rare for a winemaker in Dão (let alone an outsider) to make a statement about Alfrocheiro, which is typically used just for blending. Under the thoughtful mastery of Seabra, Mono A allows both the natural charm and aromatics—backed up by the frontal tannin of granite terroir—to come through in a way that shows the promise of this little-known varietal.

RATING HISTORY: 2021 94W&S, 93JS, 92WS, 92WA, 91WE; 2019 92W&S; 92WA

GRAPE: 100% Alfrocheiro. Sustainably grown vines planted around 1987 tended in granitic soils with quartz. This is a vegan wine.

PAIRING SUGGESTIONS: Thanks to its aromatic profile and gentle tannins, this wine is excellent on its own, but works wonderfully with mountain fare like mushrooms, meat and vegetable stews, and even earthier game bird preparations.

VINIFICATION AND AGING: The grapes are harvested by hand, then fermented with indigenous yeast in a 5,000-liter wooden vat. 40% of the fruit is fermented whole cluster. After a 26-day maceration, the wine is racked into a 3,000L tonneaux made from Eastern European oak (just like those used in Piedmont), and it ages there for 14 months. The wine is bottled directly from barrel, with no fining or filtering. The only addition made is a small amount of sulfur at bottling.

LOCATION, SOIL, CLIMATE: The vineyard is in the Dão region in the foothills of the Serra da Estrela Mountain Range, mainland Portugal’s highest point, and a heavily protected natural area known for its excellent stargazing. Dão’s cool climate is highly regarded for producing wines that are bright, lifted, and elegant. After experiencing a decline in the 1960s, this region was eclipsed by other regions with more international appeal; thanks to the work of vigneron like Seabra, this area is returning to its former glory.

ALCOHOL CONTENT: 13%

